

3 international speakers talk food, health and what's happening to our kids.



Hamilton 7pm Thursday 26th March 2015

Hamilton Gardens Hungerford Crescent SH1 Hamilton

Tauranga 7pm Friday 27th March 2015

Tauranga Boys College

Auckland 7pm Saturday 28th March 2015 - Bookings Required * - Limited Seats

Victoria Avenue School - 282 Victoria Ave, Remuera

***Auckland: Please text your name/s to 027 505 0808 or Facebook message**

Children Food & Health with your mobile number on/before Thursday 25th March

(NB. No need to reserve for Hamilton & Tauranga 26/27 March events.)

TICKETS \$20 (or \$15 in groups) CASH AT DOOR

What's behind the wave of allergies, intolerances and disorders that are affecting our children today? Join US paediatrician Dr Michelle Perro; Zen Honeycutt, a mum who unleashed a movement for change in the US; and Dr Michael Antoniou genetics researcher from Kings College in the UK for one thought-provoking evening.

Dr Michelle Perro - in her 30 years work as a paediatrician in the USA Dr Perro has observed a dramatic decline in children's health. From ear infections, to allergies, behavioural disorders and intolerances - Dr Perro believes we need a new toolkit to deal with illness. There is compelling evidence that gut disorders, (which include leaky gut and a reduced microbiome) are a leading contributor to weaker immune systems; the increase in autoimmune disease and a host of other problems we are seeing. A fascinating talk from a professional on the frontline.

Zen Honeycutt - Yet another distressing night in a hospital waiting room watching her son dosed on steroids and hooked up to monitors as the result of yet another unforeseen allergy, was the catalyst for Zen to really start reading and take action to change her sons life. An American mum with three young boys, (and no parental allergies) Zen has started a movement for change as a result of the changes she has observed in her own family. It's more than allergies. Zen has connected with thousands of mums that have seen a level of illness unprecedented in their families and taken action to change. This empowering and emotional talk will engage and motivate you.

Dr Michael Antoniou - this scientist and academic is head of the Gene Expression and Therapy Group, Department of Medical and Molecular Genetics, King's College London School of Medicine. Dr Antoniou knows a thing or two about our genes and how they affect us. But perhaps what will be interesting to many is the interconnectedness between our genes and the environment. We are seeing non-communicable illness way beyond the illness loads of our grandparents. Is it not just genetics? Is there more we should know about?

More information: www.facebook.com/childrenfoodandhealth